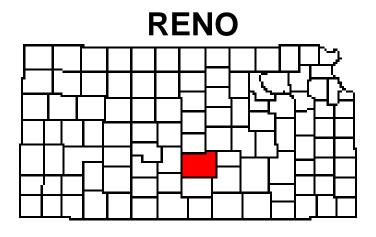
Updated: August 26, 2005



Books:

The following Arthritis Foundation books are available at:

Hutchinson Public Library 901 N. Main Street Hutchinson, KS 67501 620-663-5441 http://www.hplsck.org/

Good living with Arthritis Good living with Osteoarthritis Good living with Rheumatoid Arthritis Good living with Fibromyalgia All about Back Pain Guide to managing your arthritis

Rheumatologists:

There are no rheumatologists located in your county. Please see surrounding counties.

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Hutchinson YMCA 716 E. 13th Ave. Hutchinson, KS 67501 http://www.hutchymca.org/

CONTACT: 620-662-1203

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Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises.

Currently, there are no Arthritis Foundation Exercise Program classes offered in your county. Please see surrounding counties.

Support Groups:

There are no support groups located in your county. Please see surrounding counties.